

# The CSSC Entry Form

Event:	CSSC ASA National Swimming, Diving & Lifesaving Championships
Venue:	Ponds Forge, Sheffield
Date of Event:	Thursday 12 and Friday 13 May 2005
Regional or National Activity:	National
Closing date for entries:	1 April 2005

Please complete all sections in BLOCK CAPITALS. CSSC membership numbers must be included.

Department/Organisation Represented:

## 1. Your Details

Mr / Mrs / Miss / Ms / Other	Forename:	Surname:
Male/Female (please delete)	Date of Birth:	
Address (for communication):	<input type="text"/>	
	<input type="text"/>	
	<input type="text"/>	
Postcode:	<input type="text"/>	
CSSC Membership No.:	<input type="text"/>	
NI No.:	<input type="text"/>	
Home Telephone No.:	<input type="text"/>	Work Telephone No.:
Mobile No.:	<input type="text"/>	email:
Next of Kin:	<input type="text"/>	Contact Tel. Number:
Masters Age Group.:	<input type="text"/>	

**Please make sure you work out your masters age group in which your age falls at 31 December 2005!**

Group A25-29, B30-34, C35-39, D40-44, E45-49, F50-54, G55-59, H60-64, J65-69, K70-74, L75-79, M80-84, N85 and over

## 2. Event Category

ALL Events are OPEN unless stated as MASTERS

E	Men's Event	Time
1.	200m Breaststroke	<input type="text"/>
3.	50m Freestyle	<input type="text"/>
5.	Masters 50m Butterfly	<input type="text"/>
7.	400m Freestyle	<input type="text"/>
11.	Firmboard Diving	<input type="text"/>
13.	Masters 100m Individual Medley	<input type="text"/>
15.	100m Backstroke	<input type="text"/>
17.	Masters 50m Breaststroke	<input type="text"/>
19.	200m Individual Medley	<input type="text"/>
23.	100m Butterfly	<input type="text"/>
30.	1500m Freestyle	<input type="text"/>
32.	Plunge	<input type="text"/>
35.	Springboard Diving	<input type="text"/>
37.	Masters 50m Freestyle	<input type="text"/>
39.	100m Breaststroke	<input type="text"/>
41.	Veterans 50m Freestyle Handicap	<input type="text"/>
43.	Masters 50m Backstroke	<input type="text"/>
45.	100m Freestyle	<input type="text"/>
51.	200m Freestyle	<input type="text"/>

E	Women's Events	Time
2.	200m Breaststroke	<input type="text"/>
4.	50m Freestyle	<input type="text"/>
6.	Masters 50m Butterfly	<input type="text"/>
8.	400m Freestyle	<input type="text"/>
9.	Style Swimming	<input type="text"/>
10.	Springboard Diving	<input type="text"/>
12.	Masters 100m Individual Medley	<input type="text"/>
14.	100m Backstroke	<input type="text"/>
16.	Masters 50m Breaststroke	<input type="text"/>
18.	200m Individual Medley	<input type="text"/>
22.	100m Butterfly	<input type="text"/>
31.	1500m Freestyle	<input type="text"/>
33.	Plunge	<input type="text"/>
34.	Firmboard Diving	<input type="text"/>
36.	Masters 50m Freestyle	<input type="text"/>
38.	100m Breaststroke	<input type="text"/>
40.	Veterans 50m Freestyle Handicap	<input type="text"/>
42.	Masters 50m Backstroke	<input type="text"/>
44.	100m Freestyle	<input type="text"/>
50.	200m Freestyle	<input type="text"/>

E	Men's Team Event	Tick	E	Women's Team Events	Tick
20.	Masters 100m Freestyle Team (+160yrs)		24.	Masters 100m Freestyle Team (+160yrs)	
21.	Masters 100m Freestyle Team (120-159yrs)		25.	Masters 100m Freestyle Team (120-159yrs)	
26.	350m Freestyle Team		27.	200m Freestyle Team	
28.	Lifesaving Team		29.	Lifesaving Team	
48.	Masters 100m Medley Team (+160yrs)		46.	Masters 100m Medley Team (+160yrs)	
49.	Masters 100m Medley Team (120-159yrs)		47.	Masters 100m Medley Team (120-159yrs)	
55.	200m Medley Team		54.	200m Medley Team	
E	Mixed Team Events				Tick
52.	Mixed Masters 100m Medley Team (160+yrs)		56.	Mixed Masters 100m Freestyle Team (160+yrs)	
53.	Mixed Masters 100m Medley Team (120-159yrs)		57.	Mixed Masters 100m Freestyle Team (120-159yrs)	
			58.	Mixed 200m Freestyle Team	

<b>Water Polo</b>	If you would like to take part in a Water Polo event during the Championships or have experience, tick here and give more details on a separate sheet.	
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### 3. Advertising

Please indicate how you heard about the event:

Leisure Scene Magazine	<input type="checkbox"/>	Took part in previous CSSC Event	<input type="checkbox"/>	Friend/Colleague	<input type="checkbox"/>
CSSC Website	<input type="checkbox"/>	Poster in the workplace	<input type="checkbox"/>	Departmental Intranet	<input type="checkbox"/>

### 4. Important Information

Medical: Do you have any physical or medical conditions Yes/No Delete as appropriate

If yes, please give details .....

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**IMPORTANT: These events are active and players should be aware of the physical activities involved. CSSC reserve the right to cancel the event if under subscribed.**

**All CSSC members taking part in the event are covered by CSSC Sports and Leisure Public Liability Insurance. Please note that this policy is not a Personal Accident Policy. Members are encouraged to take out their own insurance policy.**

**Please copy and complete Section 1 and 4 for all team members.**

CSSC Membership numbers and National Insurance numbers must be included on the entry form. Subsistence/expenses are not paid by CSSC. Competitors are advised to submit expenses to their Departmental Sports and Recreation Association.

Swimming - You may enter both open and masters events in the same discipline e.g. 50 and 100m breaststroke  
Diving - Scores taken from four of any dives.

All entry fees are payable with entry forms. Cheques should be made payable to 'CSSC Ltd'. (£2.00 per individual event £5.00 per team in team events)

If you are part of a Departmental team, your entry can be submitted via your Department Association. Otherwise, all entries should be submitted directly to CSSC.

Signed:.....

Date:.....

Please send all entries to: Finn Casey  
The CSSC Event Team  
7/8 Buckingham Place  
Bellfield Road  
High Wycombe  
Bucks HP13 5HW

Tel: 01494 888439  
Fax: 01494 888437  
Email: finn.casey@cssc.co.uk

**Photocopied forms will be accepted**

<b>Office use only:</b>	
Date entry received: .....	Date acknowledgement sent: .....